

# “Prayer”

Matthew 6:9-13

What is prayer?

“transparent dialogue...an intimate conversation with the Creator of the universe and the Redeemer of our lives, who is wild about spending time with us”

Prayer is NOT...

- For emergency use only
- For religious use only
- Simply a quiet/calming mental health exercise
- Magic or manipulation

## ACTS

### 5 Themes from the Lord’s Prayer...

1. \_\_\_\_\_ – “\_\_\_\_\_ be your name”
2. \_\_\_\_\_ – “Your kingdom...Your will...”
3. \_\_\_\_\_ + intercession – “Give us today our daily bread”

→ Philippians 4:6

4. \_\_\_\_\_ / \_\_\_\_\_ – “Forgive us...as we also have forgiven”

5. \_\_\_\_\_ / \_\_\_\_\_ – “...lead us...deliver us...”

# SO WHAT?

1. **Pray the Lord’s Prayer daily**
2. **Pray the Psalms**
3. **Pray \_\_\_\_\_ with others**

### Taking it home for community...

1. Read through “How Do We Pray?” (the reading from session #5 of *Discipleship Essentials*).
2. What is adoration? What makes God worthy of worship?
3. What is confession? Why does it follow adoration?
4. What is the connection between thanksgiving and remembering?
5. What is the biblical definition of intercessory prayer? How does this contrast with how we often pray for one another?
6. Why is prayer so difficult?
7. What questions do you have about the reading?
8. Does the reading convict, challenge, or comfort you? Why?
9. SO WHAT? What do you need to do in order to be a more disciplined and effective pray-er?

Love one another